

You are born free and equal in dignity and rights to every other human being. You have the ability to think and to tell right from wrong. You should treat others with friendship.

Article 1, The Universal Declaration of Human Rights



Learning Point: Children will understand what is meant by “human rights” and “free” and “equal.”

WELCOME (5 minutes)

Song, “Here We Are Together”

Words and instructions, end of previous lesson.

If you prefer, use a song that students already know that expresses a similar idea.



REVIEW (5 minutes)

Using the Talking Stick, can someone tell us what our logo stands for?

Children celebrating books and human rights.

INTRODUCTION (5 minutes)

Show the picture of the United Nations.

READ the explanation below the picture.

Activity: Class Rules

Explain that before we talk about human rights, we need rules to help us have an orderly class. While using the Talking Stick, ask:

- What rules would you like to have?

Repeat what the students say, and ask, “Did I hear you correctly?”

Quickly write **all** the ideas on the board or paper so you can **prepare a simple Class Rules chart** to be displayed each week.



From their list, allow students to choose no more than **4** rules that they like best. Encourage words such as RESPECT and RESPONSIBILITY. Here are some ideas:

- **Listening:** Our Talking Stick makes us aware of how we listen to each other—something very important in our class. That means that all eyes and ears are focused on the speaker!
- **Respectful language:** Use words that are not mean or disrespectful to other people.

- **Following:** Listen carefully to the facilitator and follow directions.

- **Punctuality:** Try to be to class on time.

DISCUSSION (10 minutes)

Show the picture of the United Nations again. Let’s talk about another important set of rules.

- The United Nations (or the UN) committee included people from 18 different countries.

Question: Why would it be important to have people from different cultures on the committee?

Read or have a child read Article 1 of the UDHR. Have everyone repeat it.

- What if you are poor?
- Who is born free and equal in rights?
- What does it mean when we say “human rights”? What does the word “right” mean?

Write all answers on the chalkboard, using 1 or 2 main words for each answer.



- Explain: A right is something you’re allowed to be, or to do, or to have.

A right is like a rule that exists because it is the fair thing to do.

(Have class repeat the last phrase together.)

CONCLUSION (5 minutes)

- What would a **HUMAN** right be?

Guide students to recognize that a human right is a right we have **just because we are human beings**.

CHALLENGE

1. Tell your family and friends about the United Nations and Article 1 of the *Universal Declaration of Human Rights*.
2. Explain that human rights are like rules that are fair, and they apply to everyone just because we are human beings.



This is a picture of the UNITED NATIONS building, also known as the UN, with flags from all the countries who are members of the United Nations. It was created in 1945 at the end of a terrible war called World War Two that killed millions of people all over the world. The UN appointed a committee of men and women from different countries and cultures, who created a set of rules for the whole world, known as *the Universal Declaration of Human Rights*. It is a universal document without reference to any particular culture, political system or religion. It lists 30 articles or “rules” that all of us should follow to ensure the life, liberty, and happiness of every person. These articles are called “Human Rights,” and they proclaim the worth of every person on earth, saying that we all have equal value. It still exists today.

Article 1

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The Universal Declaration of Human Rights

Remember to fill in your brief *Facilitator Notes & Reflections*. Found at the end of Lesson 10B.

