Facilitator Toolkit

Section III: Songs

Music in the Classroom

Be Our Best
Kindness Begins with Me
This Little Light of Mine
l Am Me

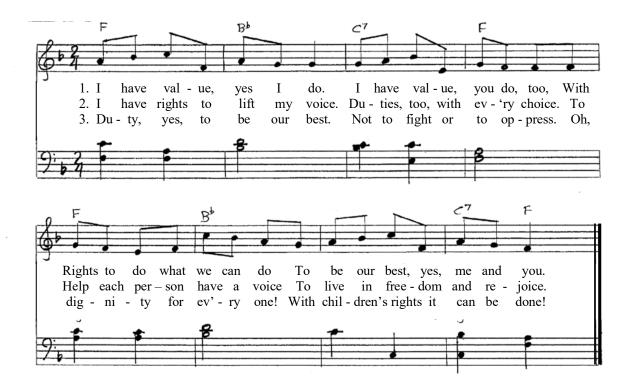
To hear other songs that are available, please go to the **RESOURCES** tab on the website: **www.go-hre.org/music**

- In addition to being fun and providing joy, scientists have found that music strengthens the connection between the brain and the body, and improves learning on almost every level, including recall.
- Students remember a message better when words have a melody, movement and rhythm attached to them. In that way, words provide facts and feelings.
- When learning about human rights, music can be an effective way to help students remember and think about the messages they are hearing.
- Each culture has its own songs, of course, that can be used for teaching important principles dealing with human rights.
- Use songs that appeal to the students you teach, and that are comfortable for you.
- All of these songs may be used as poems or chants as well.

Be Our Best

Chant:

Dignity and children's rights! Oh, dignity for ev'ryone! Dignity and children's rights! Oh, dignity! It can be done!



Chant

Dignity and children's rights! Oh, dignity for ev'ryone! Dignity and children's rights! Oh, dignity! It can be done!

Song

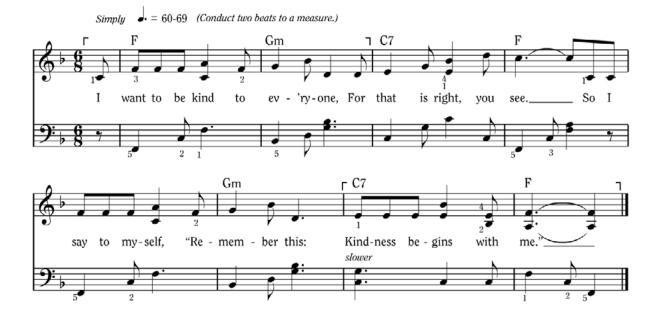
I have value, yes I do.
I have value. You do, too,
With rights to do what we can do
To be our best, yes, me and you.

2. I have rights to lift my voice,Duties, too, with ev'ry choice,To help each person have a voice,To live in freedom and rejoice.

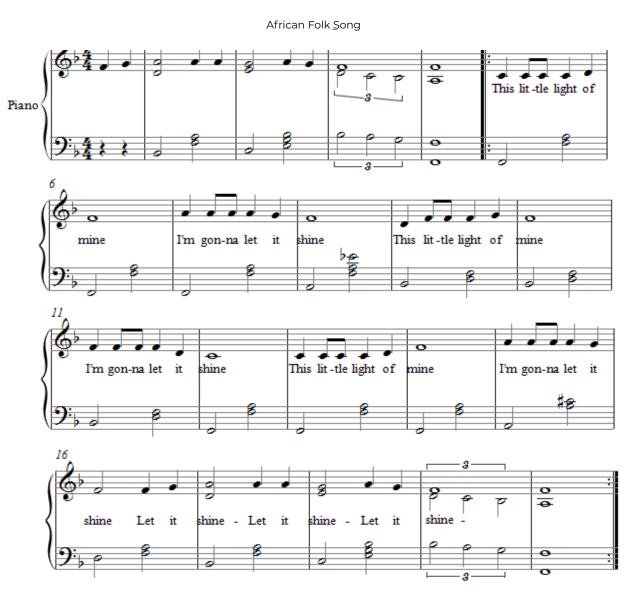
3. Duty, yes, to be our best,Not to fight or to oppress.Oh, dignity for ev'ryone!With children's rights, it can be done!

Kindness Begins With Me

Words and music: Clara W. McMaster



This Little Light of Mine



- This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let it shine. Let it shine, let it shine, let it shine!
- 2. Everywhere I go, I'm gonna let it shine, Everywhere I go, I'm gonna let it shine, Everywhere I go, I'm gonna let it shine, Let it shine, let it shine, let it shine!
- 3. This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let it shine. This little light of mine, I'm gonna let it shine. Let it shine, let it shine, let it shine!

I Am Me

Kristina Evonne Carter



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